# **Stress Formula**

## Evening formula to relax and unwind\*

- Contains valerian root, lemon balm, hops, and ginkgo leaf to support a balanced nervous system\*
- Includes peppermint to soothe stomach discomfort that may be associated with stress\*
- Provides essential support to comfortably manage daily stress\*
- · Comes in veggie capsules

### What Is Stress Formula?

Stress Formula is a calming formula recommended for evening use that supports healthy sleep patterns and improved sleep quality. This synergistic blend of natural ingredients, including a standard dose of lemon balm, modulates the calming region of the brain, promoting overall relaxation.\*

### **Primary Support:**

Sleep, Mood, & Stress\*



DIRECTIONS: Take two (2) capsules with 8 oz of fluid.

# Supplement Facts Serving Size: Two (2) Capsules Servings Per Container: 30 Amount Per Serving Stress Proprietary Blend 1.05 g \*\* Lemon Balm (Melissa officinalis) leaf extract \*\* Ginkgo (Ginkgo biloba) leaf extract \*\* Peppermint (Mentha x piperita) leaf powder and oil \*\* Chamonile (Matricaria recutita) flower powder \*\* Hops (Humulus lupulus) flower extract \*\* Passionflower (Passiflora incarnata) aerial parts extract \*\* Valerian (Valeriana officinalis) root extract \*\* \*\* Daily Value not established

**OTHER INGREDIENTS:** Vegetable capsule, maltodextrin, magnesium stearate, and silicon dioxide.

### **Ordering Information**

Item #22007-60 ct/bottle