

# Flex4Life®

Capsules that improve the quality of joint fluids and mobility with a new-and-improved formula\*

- Supports healthy joint tissue, fluids, and overall joint flexibility\*
- Helps maintain mobility for a comfortable, full range of motion\*
- Supports muscle and joint health\*
- Now features *Terminalia chebula*, hyaluronic acid, and turmeric, which have been shown to support healthier knee function in active adults during clinical trials\*<sup>1, 2, 3</sup>

## What Is Flex4Life?

The new-and-improved Flex4Life formula supports healthy joint tissue, fluids, and overall flexibility. The capsules also help maintain mobility for a comfortable, full range of motion.\*

### Primary Support:

Muscle, Bone, & Joint\*

### Secondary Support:

Antioxidant\*



**DIRECTIONS:** Take two (2) capsules per day for joint maintenance. Take four (4) capsules per day for maximum joint support. Take with 8 oz of fluid.

## Supplement Facts

Serving Size: Four (4) Capsules  
Serving Per Container: 22.5

Amount per serving	% Daily Value
<b>Joint Support Blend</b>	290 mg **
Avocado ( <i>Persea americana</i> ) fruit/soy ( <i>Glycine max</i> ) seed extracts	**
Hyaluronic Acid	**
<b>Mobility Support Blend</b>	982 mg **
<i>Terminalia chebula</i> fruit extract	**
Bromelain and Trypsin enzymes	**
Turmeric ( <i>Curcuma longa</i> ) root extracts	**
<i>Boswellia serrata</i> gum extract	**
Black Pepper ( <i>Piper nigrum</i> ) fruit extract	**

\*\*Daily Value not established

**OTHER INGREDIENT:** Gelatin capsule.  
CONTAINS INGREDIENTS FROM SOY.

## Ordering Information

Item #23516—90 ct/bottle

1. Nutalapati C, et al. 2016. *Asian J Pharmaceut Clin Res*. 9: 264–269.  
2. Takahashi M, et al. 2014. *Int J Sports Med* 35: 469–475  
3. Oe M, et al. 2016. *Nutr J* 15: 11

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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