

Multiplex™

Twenty-one essential vitamins and minerals, including B vitamins*

- Features 21 essential vitamins and minerals for general health and wellness*
- Contains antioxidant-rich ingredients, such as spirulina, rose hips, and citrus bioflavonoids*
- Provides a high amount of essential B vitamins to boost energy levels*

What Is Multiplex?

Multiplex provides a basic daily dose of fundamental vitamins and minerals. This product is a targeted vitamin and mineral complex that contains vitamins C, E, B6, and B12; magnesium; selenium; folic acid; and chromium to support general wellness. Multiplex is another value-based, time-tested product 4Life has offered for over 20 years.*

Primary Support:

Multivitamin & Mineral*
Overall Wellness*



DIRECTIONS: Take one (1) capsule twice daily with 8 oz of fluid.

Supplement Facts

Serving Size: One (1) Capsule
Servings Per Container: 60

| Amount Per Serving | | |
|--|-------------|-------|
| Vitamin A (beta carotene & retinyl acetate) | 750 mcg RAE | 83% |
| Vitamin C (as ascorbic acid) | 125 mg | 139% |
| Vitamin D (as cholecalciferol) | 5 mcg | 25% |
| Vitamin E (as d-alpha tocopheryl succinate) | 50 mg | 335% |
| Thiamin (as thiamine mononitrate) | 15 mg | 1250% |
| Riboflavin (vitamin B2) | 17 mg | 1308% |
| Niacin (as niacinamide) | 33 mg NE | 206% |
| Vitamin B6 (as pyridoxine hydrochloride) | 8 mg | 471% |
| Folate (332 mcg folic acid) | 565 mcg DFE | 141% |
| Vitamin B12 (as cyanocobalamin) | 15 mcg | 625% |
| Biotin | 300 mcg | 1000% |
| Pantothenic Acid (as calcium pantothenate) | 22 mg | 440% |
| Calcium (as calcium carbonate) | 50 mg | 4% |
| Iron (as amino acid chelate) | 6 mg | 33% |
| Iodine (as potassium iodide) | 75 mcg | 50% |
| Magnesium (as magnesium malate) | 20 mg | 5% |
| Zinc (as amino acid chelate) | 10 mg | 91% |
| Selenium (as selenomethionine) | 35 mcg | 64% |
| Copper (as copper amino acid chelate) | 1 mg | 111% |
| Manganese (as amino acid chelate) | 1 mg | 43% |
| Chromium (as amino acid chelate) | 60 mcg | 171% |

| Proprietary Blend | | 65 mg |
|---|--|-------|
| Citrus Bioflavonoid (<i>Citrus spp</i>) fruit complex | | ** |
| Spirulina (<i>Spirulina spp</i>) | | ** |
| Rose Hips (<i>Rosa canina</i>) fruit | | ** |

* Daily Value

** Daily Value not established

OTHER INGREDIENTS: Vegetable capsule, magnesium stearate, and silicon dioxide.

Ordering Information

Item #28039—60 ct/bottle

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.