

Gurmar

100% *Gymnema sylvestri* for healthy glucose levels*

- Supports the endocrine system to balance glucose in the body*
- Offers gurmar, or *Gymnema sylvestri*, to help maintain healthy glucose levels*

What Is Gurmar?

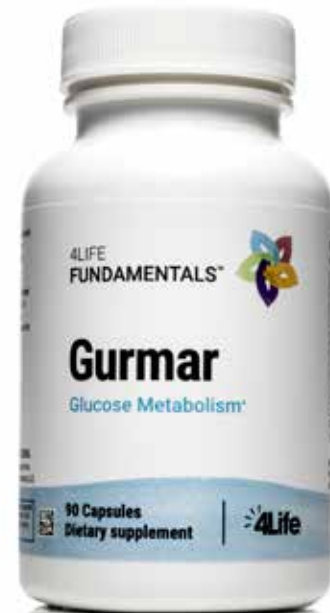
4Life Fundamentals™ Gurmar contains *Gymnema*, an ancient Indian herb whose name means "sugar destroyer" in Hindi. Gurmar supports healthy metabolism and glucose levels. Gurmar is another value-based and time-tested product 4Life has offered for over 20 years.*

Primary Support:

Glucose Metabolism*

Secondary Support:

Weight Management*



DIRECTIONS: Take one (1) capsule twice daily with 8 oz of fluid.

Supplement Facts

Serving Size: One (1) Capsule
Servings Per Container: 90

Amount Per Serving	% Daily Value
Gymnema (<i>Gymnema sylvestri</i>) leaf	365 mg **
Gymnema (<i>Gymnema sylvestri</i>) leaf extract	35 mg **

**Daily Value not established

OTHER INGREDIENTS: Gelatin capsule and magnesium stearate.

NOTICE: Consult a medical professional before taking this product, especially if you are under 18, have a glucose-related disorder, or are pregnant or lactating.

Ordering Information

Item #4001—90 ct/bottle

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT DISEASE.